

## MENTOR OPTIONS

### For families with children who are Deaf or Hard of Hearing — Family to Family EHDI

Parents who have children who are Deaf or Hard of Hearing say that being mentored by someone with a similar life experience is really helpful. Parents also often say that they appreciate being connected with an adult who has walked in the shoes their child will walk in.

All of ASKs mentors are trained to provide support in an unbiased manner. All ASK mentor matches are coordinated through a staff person who makes sure the matches fit the families' needs.

Type of Mentor	Who are the mentors?	How many meetings?	Where do we meet?	What to expect?
<b>Parent Mentor</b>	Parent Mentors are trained family members of a child with similar needs as yours who are further along in the parenting journey.	2 meetings are planned. More may be possible upon family request.	<ul style="list-style-type: none"> <li>◆ In-person in your home or another agreed upon place</li> <li>◆ By phone</li> <li>◆ Online</li> </ul>	Parent Mentors share stories, answer questions, provide unbiased information and give emotional support.
<b>Deaf Role Model</b>	Deaf Role Models are trained Deaf or Hard of Hearing adults who provide positive examples for your child's future.	2 meetings are planned. More may be possible upon family request.	<ul style="list-style-type: none"> <li>◆ In-person in your home</li> <li>◆ Online</li> </ul>	Deaf Role Models share their stories, answer questions, and provide unbiased information about Deaf Culture and the local Deaf Community.
<b>Deaf Mentor</b>	Deaf Mentors are Deaf or Hard of Hearing adults who have been trained by the SKI-HI Institute. Deaf Mentors use American Sign Language (ASL) and are trained to introduce basic ASL skills to a child and the family.	6 meetings with set activities are planned. More may be possible upon family request.	<ul style="list-style-type: none"> <li>◆ In-person in your home</li> <li>◆ Online</li> </ul>	A Deaf Mentor will offer the same things as a Deaf Role Model plus teach children and their families basic visual communication, including American Sign Language (ASL). Deaf Mentors also share basic information about Deaf Culture and the local Deaf Community.

To request a mentor visit [askresource.org/mentor](http://askresource.org/mentor), [contact us](#) or call the number below.